Syndromic Surveillance in practice: New York City

Presented by: Farzad Mostashari, MS, MD

New York City Department of Health and Mental Hygiene

Contributors: Rick Heffernan, Don Weiss, Syndromic Surveillance team



Definitions

Traditional notifiable disease surveillance

- Relies on laboratory/clinician reporting
- Significant diagnostic and reporting delays

"Syndromic" surveillance

- Tracking non-specific symptoms or health "events" (sale of diarrhea medication)
- "Real time" (within hours)

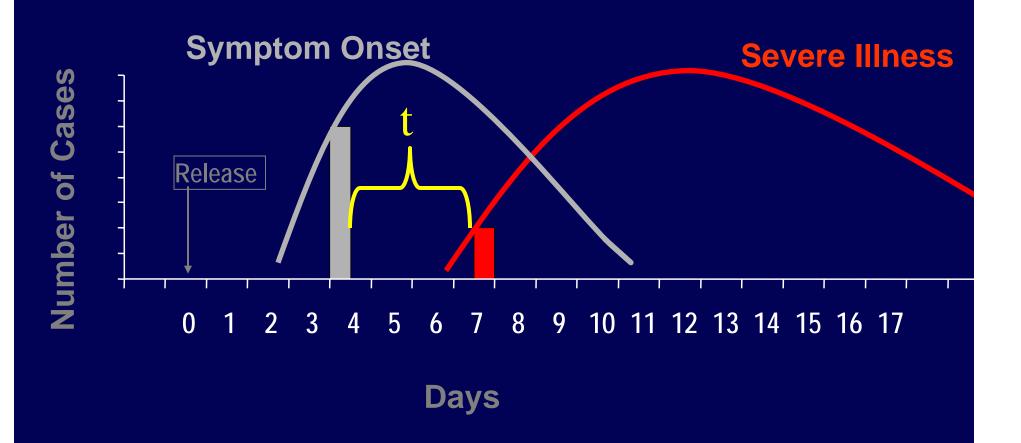
What is Syndromic Surveillance?

- "Real-time" public health surveillance using data that is routinely collected for other purposes
 - ➤ Non-specific health indicators
 - Uses existing data
 - > "Real time" transmission, analysis, and alerts
 - > New analytical techniques needed

Goals

- Early detection of large outbreaks
- Characterization of size, spread, and tempo of outbreaks once detected
- Monitoring of disease trends

Assumptions (Bioterrorism Detection)



Data sources for early detection of acute illness

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Day 0 - exposure occurs
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Day 1 - feels fine
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Day 2 - headaches, fever- Pharmaceutical Sales

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Day 3 - develops cough Nurse's Hotline
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Day 4 - sees pri Outpatient Visit Data Absenteeism

Day 5 - worsens- call Ambulance Dispatch (EMS) see ED Logs

Day 6 - admitted-"pneumonia"

Day 7 - critically ill- ICU, lab tests +

Day 8 - expires- "respiratory failure"

Diagnosed

Reported

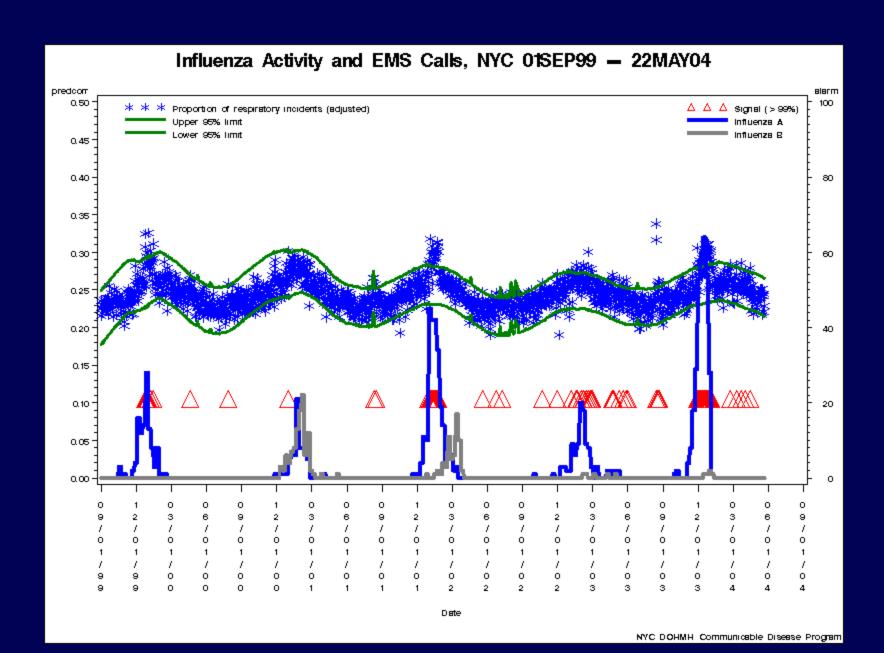
Data Transfer

EMS Absenteeism Pharmacy Emergency Department HHC FTP FTP server Server outside firewall Server Email server at Inside Firewall, Outside Firewall **DOHMH** Email server at **DOHMH** Data available Data available for analysis Data available

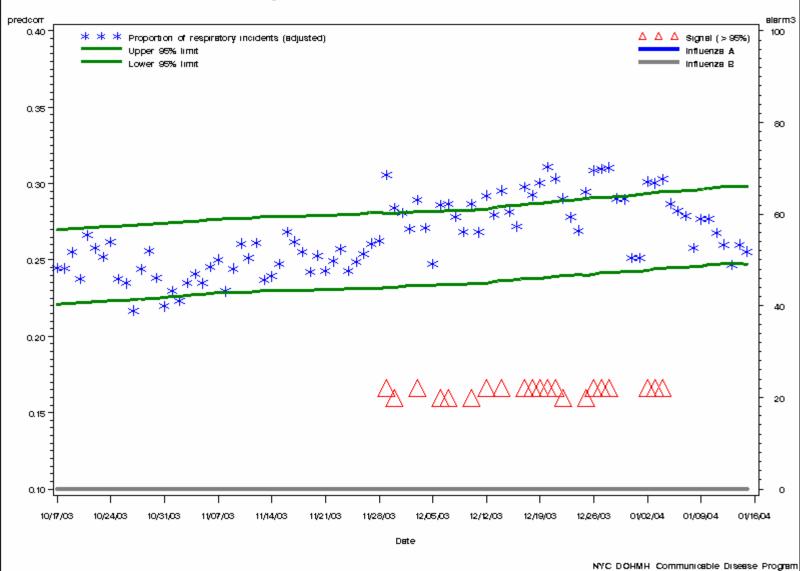
EMS-911 surveillance

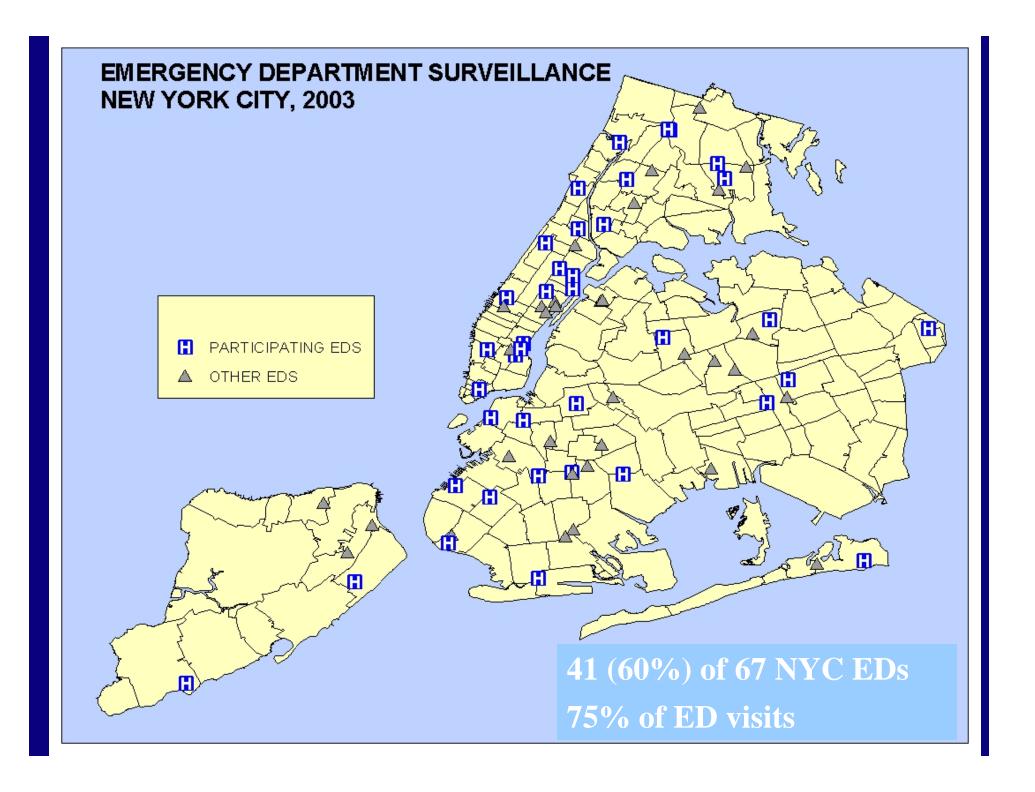
Date	Time	Call-type	Zip
09/06/99	13:09:19	SICK	10013
09/06/99	11:09:57	UNC	11220
09/05/99	09:09:12	SEIZR	10458
09/05/99	08:09:22	RESPIR	10025
09/04/99	11:09:52	ABDPN	11434

Influenza-like illness RESPIR, DIFFBR, SICK, SICPED









Electronic ED logs

```
Admission List For 01/28/2002
AGE SEX TIME CHIEF COMPLAINT
                                                   ZIP
 15
    M
       01:04 ASSAULTED YESTERDAY, RT EYE REDDENED.11691
    M 01:17 FEVER 104 AS PER MOTHER.
                                                  11455
 42 F 03:20
                                                  11220
 4
    F 01:45 FEVER, COUGH, LABORED BREATHING.
                                                  11507
 62 F 22:51 ASTHMA ATTACK.
                                                  10013
 48
    M 13:04 SOB AT HOME.
                                                  10027
 26
    M 06:02 C/O DIFFICULTY BREATHING.
                                                  10031
 66
    M 17:01 PT. MOTTLED AND CYANOTIC.
```

• 4% of records have missing or uninformative chief complaint (Eg. 'See Triage', 'Walkout', 'N/A' etc.)



Coding chief complaints into syndromes

Respiratory illness

key words: cough, shortness of breath, URI, pneumonia

excludes: cold symptoms

Non-specific febrile illness

key words: fever, chills, body aches, flu/influenza, viral syndrome

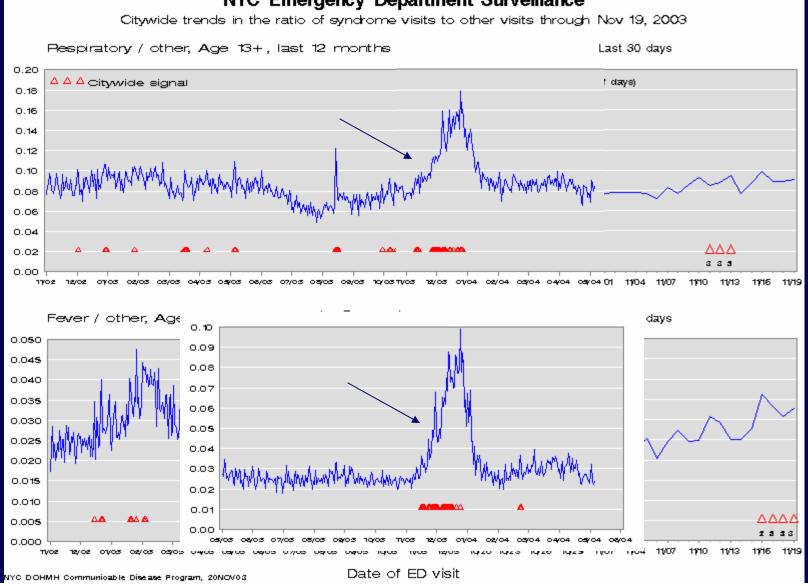
Gastrointestinal illness

key words: diarrhea, vomiting

excludes: abdominal pain alone, nausea alone

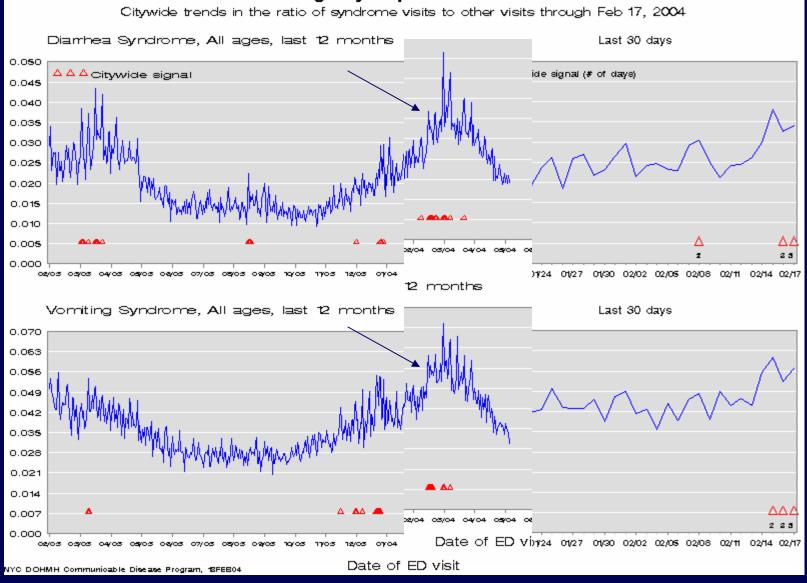
Daily Reports: Resp/ Fever (November 19, 2003)

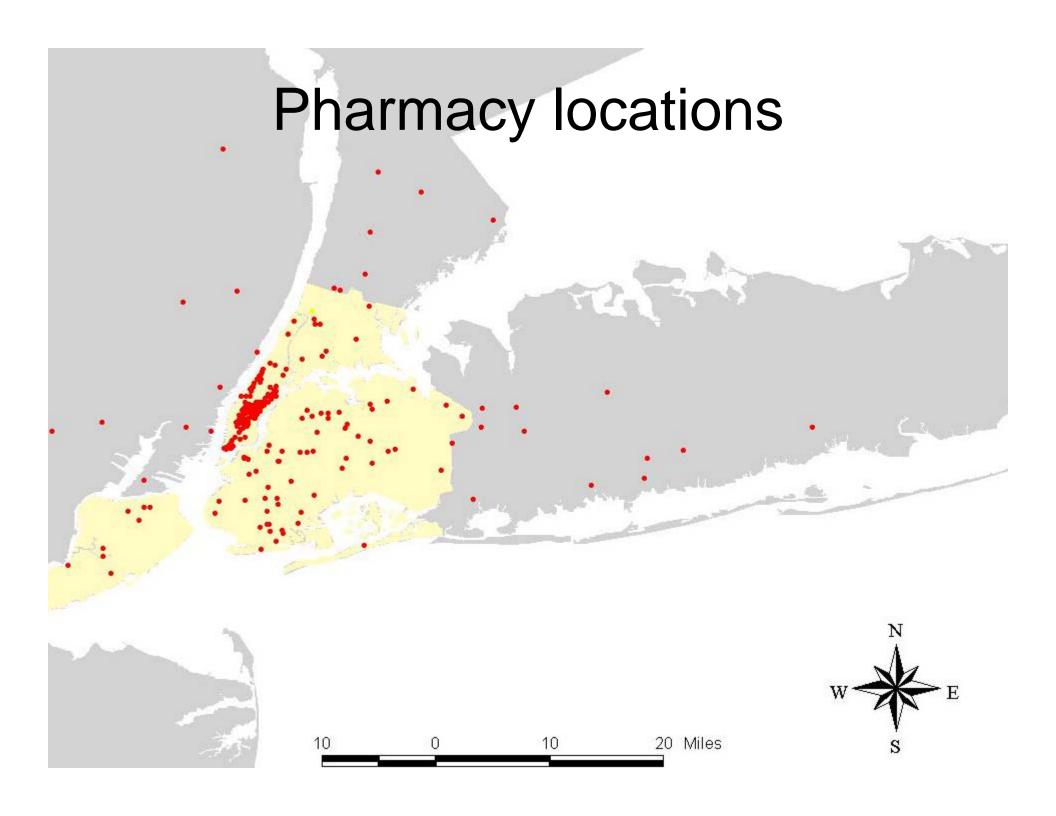
NYC Emergency Department Surveillance



Diarrhea/Vomiting (Feb 18, 2004)

NYC Emergency Department Surveillance

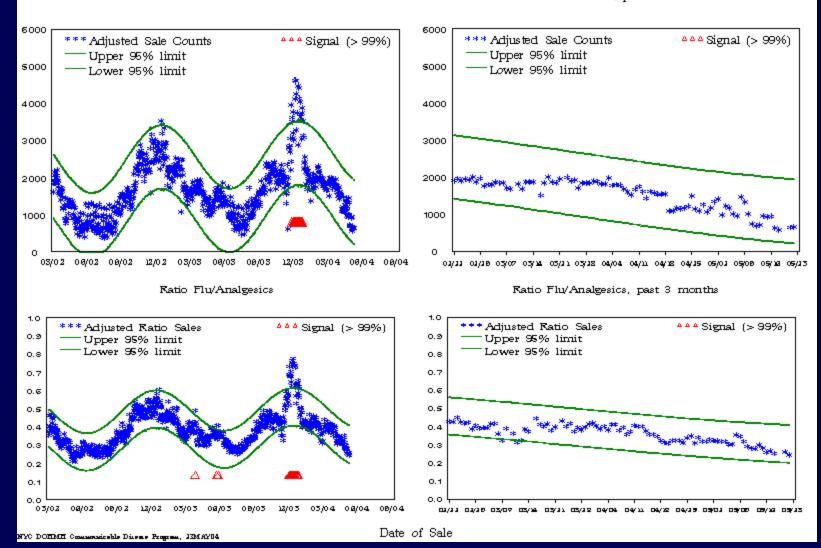




NYC Surveillance for Pharmacy Over The Counter Sales Citywide Flu-like Med Sales through 22MAY04

Flu-like Meds

Flu-like Meds, past 3 months

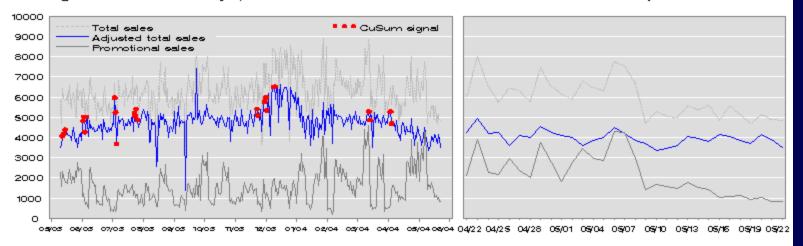


RODS/NRDM OTC Pharmacy Sales

Citywide trends in adjusted total units sold through May 22, 2004

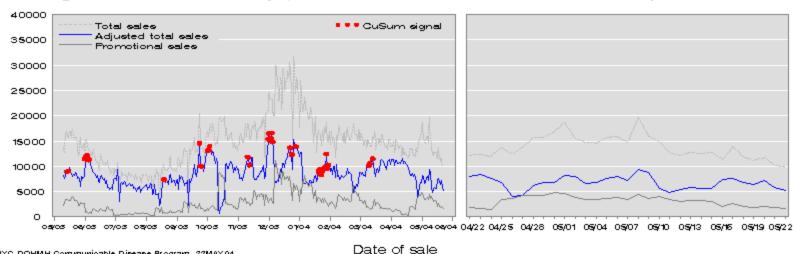
Analgesics sold since May 1, 2003

Last 30 days

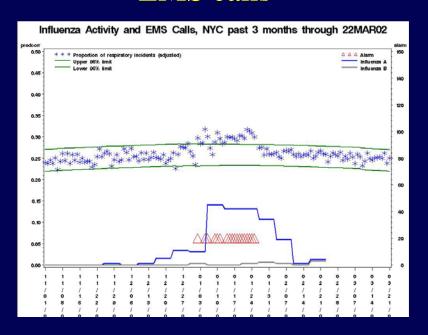


Cough/cold units sold since May 1, 2003

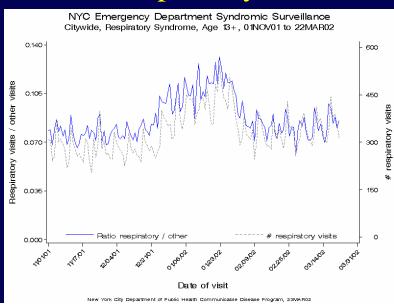
Last 30 days



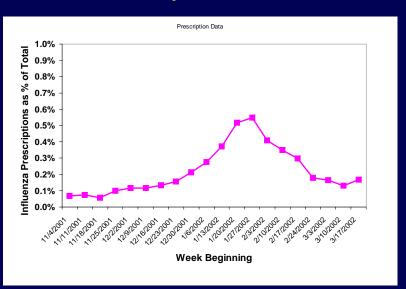
EMS calls



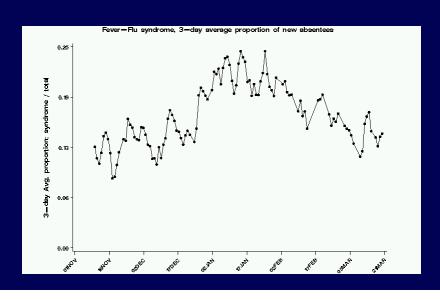
ED respiratory visits



Pharmacy Antiviral Rx



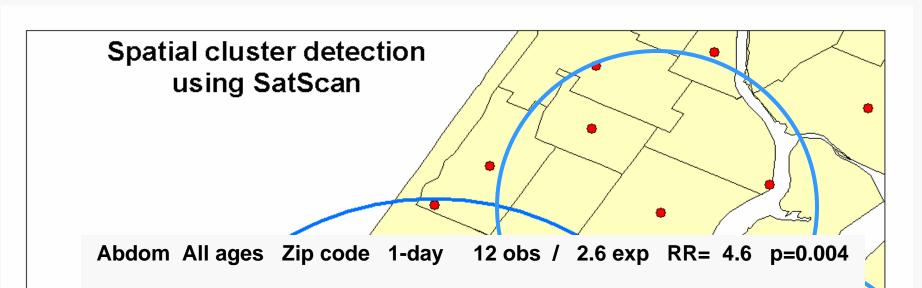
Employee Absenteeism- "flu"

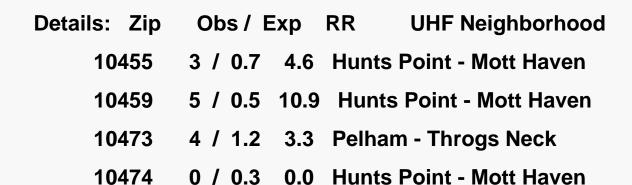


Summary of citywide temporal signals

- Some clear seasonal patterns evident
- Sharp spikes associated with known events
- Difficult to investigate
- Used to reinforce public health messages (influenza, viral GI, heat wave, blackout)







Legal Mandate

Local health officers shall exercise due diligence in ascertaining the existence of outbreaks of illness or the unusual prevalence of diseases, and shall immediately investigate the causes of same

New York State Sanitary Code, 10 NYCRR Chapter 1, Section 2.16(a)

Guidelines for evaluating alarms

More concerning

Sustained increase
Multiple hospitals involved
Multiple syndromes
High number of cases
Other systems alarming
Strong geographic clustering
Coincident clinician call
Coincident with high profile
public event

Less concerning

One-day increase
Single hospitals involved
Low number of cases
No other evidence
Diffuse increase across city

Investigation of signals

- Review line list
- Check complimentary systems
- Acquire interim data (12-hour log)
- Calls to ED(s), query clinicians, labs
- Chart reviews
- Patient follow-up
- Augment lab testing
- On site Epi teams

Is It Worth the Effort?

Costs

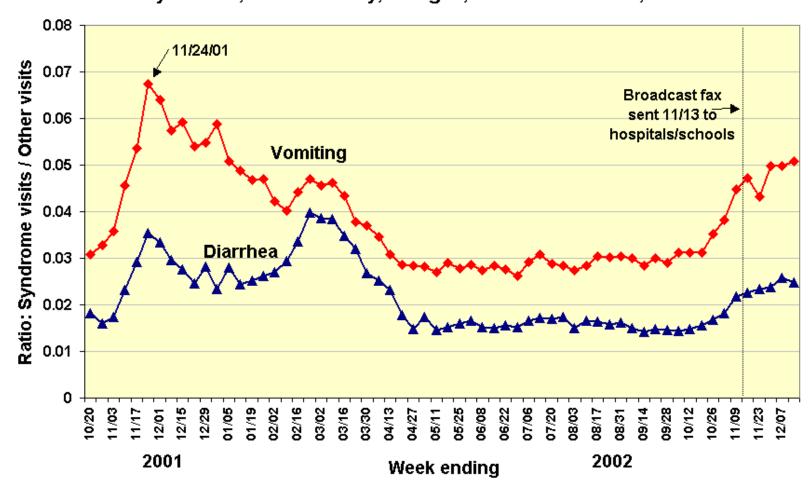
- Implementation costs are modest
- Operational costs=time of public health staff, investigations

Benefits

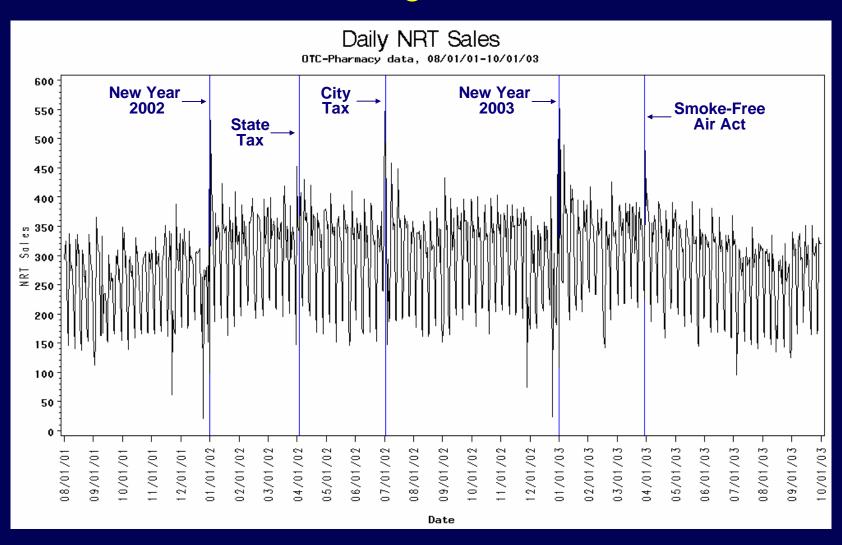
- Possibility of huge benefit if early detection
- Characterization
- Strengthening traditional surveillance
- Dual Use

Early warning of viral GI activity

Weekly Emergency Department Visits for Vomiting and Diarrhea Syndrome, New York City, All ages, Oct 2001 - Dec 14, 2002

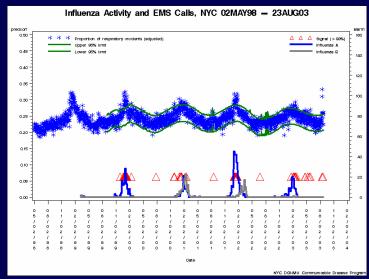


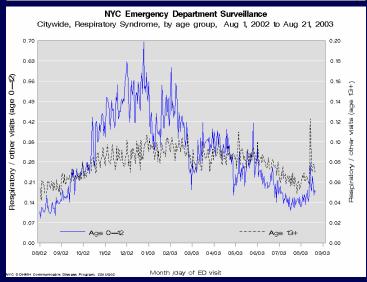
Increase in NRT sales concurrent with taxes/regulations?



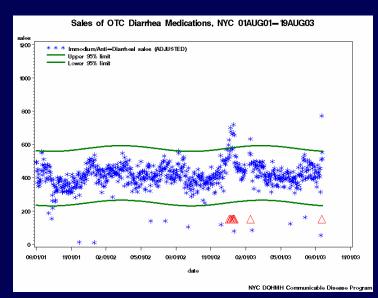
Blackout

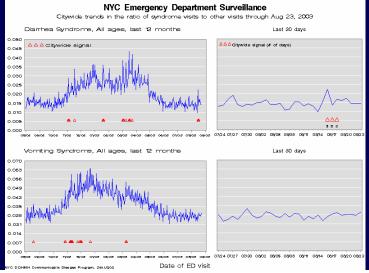
Respiratory



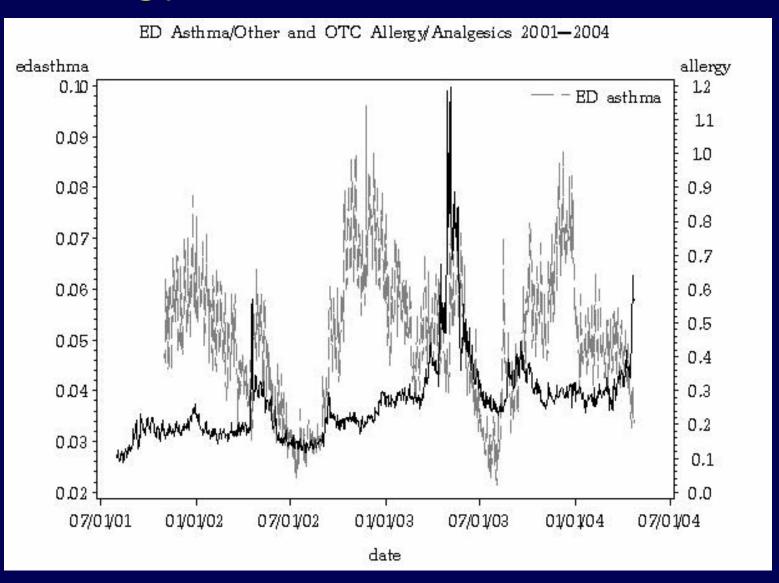


Gastrointestinal





Allergy Meds & Asthma Visits



Other Uses

- Case finding for measles outbreak
- Heat-related illness
- Cipro sales after anthrax
- Fireworks
- Dog bites/rat bites
- West Nile virus spraying
- Suicide attempts
- Overdoses
- Carbon monoxide poisoning

Valid Criticisms

- It doesn't work
- It's nothing new
- It's too expensive
- It's based on bad data
- It's too important to be left to LHDs
- It distracts us from real public health
- It's a flu surveillance system (not BT)
- It's a risk to confidentiality and privacy

Privacy and Confidentiality

- Health departments have strong tradition of maintaining security of confidentiality information
 - Public health provisions in HIPAA
- Data collected under auspices of bioterrorism surveillance de-linked from any identifiers for non-BT surveillance

So What?

- Strengthened surveillance systems in place
- Potential to better monitor all public health situations
- Even if there are no more bioterror attacks, preparation can strengthen our public health infrastructure and ability to respond

Which Data Source is Best?

- Readily Available
- Representative
- Timely
- Flexible
- Specific
- Investigable
- Good Signal-Noise

In NYC

- ED visit logs
- Ambulance Dispatch
- Local Pharmacy Chain
- National Pharm Data
- Absenteeism

How Many Illnesses Does One Emergency Visit Represent?

- Citywide random-digit dialed survey (n=2,445)
- Asked about GI, flu-like illness in past 30 days
- Health seeking behaviors among those with "flu"
 - 53% OTC
 - 33% missed work/school
 - 29% outpatient visit
 - 21% called MD office
 - 9% visited ED
- Uninsured more likely to be sick, but less likely to go to MD (15% vs 34%) or ED (7% vs 10%)

Primary Care Information Project

- Extend public health surveillance to the outpatient setting (esp CHCs)
 - More timely than ED
 - More specific, "investigable" than OTC
- Pilot usefulness of more detailed clinical data (vital signs, hematology, radiology)
- Catalyze extension of EMRs to other CHCs
- Provide HIPAA guidance

Future Steps

- Data Sources
 - Outpatient visit & EMR data
 - Lab orders
 - School sick visits
- Data Transport
 - Transition to PHIN-MS
- Data Analysis
 - Text normalization and coding
 - Multiple data sources
 - Integration with environmental surveillance
 - Outbreak "signatures"

Future Steps, cont.

- Investigation
 - Rapid specimen collection & diagnostic testing
- Evaluation & Validation
 - Simulated (synthetic) outbreaks
 - Systematic documentation of prospective surveillance
 - Sharing of experiences
 - www.syndromic.org
 - 2004 National Syndromic Surveillance Conference (Nov 3-4)

Acknowledgements

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Types of Surveillance

- Passive
- Active
- Registries
- Behavioral Surveillance (surveys)
- Secondary Data Analysis
- Syndromic?

Passive Surveillance

- Responsibility of reporters
- Pre-defined list of conditions
- Traditional limitations
 - Burden on providers
 - Under-reporting, incomplete data
 - Timeliness
- Electronic Clinical Lab Reporting System